

## **PLAN FOR EXPERIENCE FOR FAMILY PRACTICE RESIDENT**

### **Week 1-2:**

Day 1: a.m. orientation to the DHS experience  
p.m. begin orientation to disease control

Day 2-10: Continue meeting staff and participate in ongoing disease control activities. See what happens with disease reports, participate in disease investigation, view programs in action (in TB and STD screening and therapeutic programs are in various sites).

#### **At the end of the two weeks you should:**

- Be able to describe what a health department does
- Understand what happens when a disease is reported to the health department
- Know whom to call for disease control questions

### **Week 3:**

Day 1: Orientation to health promotion and advocacy in Los Angeles County. Concentrate in one area: injury control, nutrition, physical activity, or smoking

Day 2-5:

- Injury control: Participate in a community meeting on injury control and/or research an injury control issue
- Nutrition: Attend a nutritional meeting or activity and participate in nutrition education for example at a farmer's market
- Smoking: See the approaches to policy change and to smoking prevention and cessation
- Physical Activity: Participate in community physical activity effort which can include exercise prescriptions

#### **By the end of the week you should:**

- Be able to describe various community activities in Los Angeles County aimed at health promotion
- Understand some of the strategies for policy change
- Know where to refer patients for health promotion activities

## **PLAN FOR EXPERIENCE FOR FAMILY PRACTICE RESIDENT (cont'd)**

### **Week 4:**

Day 1: Orientation to in-home services for children

Day 2-5: Make home visits with public health nurses

- Do home visits for prenatal, neonatal and infant/toddlers enrolled in the Public Health Nurse Visitation Program
- Do visit with the team seeking the source of lead poisoning in a child
- Do a visit with a nurse doing a disease investigation

### **At the end of the week you should:**

- Be able to describe some of the home visiting strategies for helping families towards health
- Understand the role of the Public Health Nurse and how h/she can help the physician